



n. 125 – del 24/09/2021

Rif. 18

**Coppa Europa
Paredes (Portogallo)
31 Ottobre/6 Novembre 2021**

- Convocazioni -

Su designazione del Commissario Tecnico Fabio Hollan sono convocati per l'evento in oggetto i seguenti atleti:

SINGOLO

Cadetti Maschile

1 – Cioni Manuel – 3222 Primavera Prato

Cadetti Femminile

- 1 – Bambini Cecilia – 1397 A. S. S. Egidio
- 2 – Stefani Martina – 3767 Bagnolo Skating
- 3 – Ghiroldi Aurora – 2929 Patt. Travagliato

Jeunesse Maschile

- 1 – De Marchi Davide – 3709 Team Verde
- 2 – Fettucciari Daniele – 3152 New Star
- 3 – Rossi Manuel – 1392 ASD Pol. Funo

Jeunesse Femminile

- 1 – Pinzingrilli Federica – 2308 Fonte Roma Eur
- 2 – Simoncini Alessia – 981 ASD Frascati S.C.
- 3 – Saccon Vittoria – 1513 ASD Patt. Sile

SOLO DANCE

Cadetti Femminile

- 1 – Bonera Alice – 34 Patt. Art. Concesio
- 2 – Michelinì Francesca – 264 U.S Invicta skate
- 3 – Rebonato Aurora – 105 Rot. Casteldariense

Cadetti Maschile

- 1 – Allegranti Yuri – 782 Polisp. Orizon
- 2 – Benassi Davide – 3004 Magic Roller
- 3 – Babuin Emanuele – 3281 P.A. Azzanese

Jeunesse Femminile

- 1 – Zanni Margherita - 782 Polisp. Orizon
- 2 – Pani Greta – 782 Polisp. Orizon
- 3 – Cantalini Linda – 3889 ASD PAR

Jeunesse Maschile

- 1 – Padovan Walter – 181 P.A. Jolly
- 2 – Vittuari Francesco – 198 Polisportiva Lame
- 3 – Corradini Andrea – 264 U.S Invicta

STAFF:

Delegato: da definire
Tecnico Singolo: Cotelli Massimiliano
Tecnico Danza: Lotti Beatrice
Medico: dott.ssa Piccinini Laura

**GLI ATLETI DOVRANNO PRESENTARSI IN CONDIZIONI FISICHE OTTIMALI PER
CONSEGUIRE IL MIGLIORE RISULTATO TECNICO POSSIBILE.**

Gli atleti convocati devono dare adesione di partecipazione **entro e non oltre il 30 settembre 2021** inviando contestualmente all'indirizzo e-mail artistico@fisir.it una foto tessera e copia del documento d'identità

LOGISTICA:**PISTA**

Forum Cultural de Paredes
Avenida campo das Laranjeiras
4580-008 Paredes
dimensioni e superficie pista: 22x44 legno

ALBERGO

Chalè Confort Hotel
Rua Central de Vandoma 554
4585-766 Vandoma

PROGRAMMA DI VIAGGIO

Atleti e Staff singolo: partenza il 1 e rientro il 4 novembre
Atleti e Staff solo dance: partenza il 3 e rientro il 7 novembre
Medico e delegato partiranno il 1 e rientreranno il 7 novembre

PROGRAMMA

In allegato il programma provvisorio della manifestazione

DOCUMENTI DA INVIARE

Gli atleti sono pregati di inviare entro e **non oltre il giorno 30 settembre** all'indirizzo artistico@fisir.it

- carta d'identità (fronte, retro, interno) in un unico file pdf
- foto tessera in formato jpg
- program element content sheet

Tutti i file devono essere nominati con nome e cognome dell'atleta o personale dello staff

NORME COVID

Al momento attuale, stanti le vigenti normative e salvo variazioni, tutte le persone che arrivano in Portogallo dovranno presentare un Certificato COVID free digitale che riporti **uno** dei seguenti documenti:

- risultato negativo di un tampone molecolare eseguito entro le 72h precedenti l'ingresso
- risultato negativo di un tampone rapido eseguito entro le 48h precedenti l'ingresso
- certificazione di avvenuta guarigione da Covid 19
- certificazione di avvenuta vaccinazione

Eventuali modificazioni saranno prontamente comunicate in successivi comunicati

CONTRIBUTO ALLE SPESE DI TRASFERITA

Gli atleti convocati dovranno contribuire ai costi della trasferta versando **€ 250,00** sul conto della federazione al seguente IBAN:

IT18V0100503309000000010114

causale: COPPA EUROPA 2021 (cognome dell'atleta)

La ricevuta del pagamento dovrà essere inviata all'indirizzo e-mail artistico@fisir.it **entro e non oltre il 15 ottobre pv**

Gli atleti non ancora in possesso del materiale della nazionale (tuta, polo o t-shirt, borsa) dovranno comunicare le misure all'e-mail marisa.masina@gmail.com entro il **giorno 30 settembre**. Non è possibile utilizzare magliette diverse da quelle ufficiali della federazione.

Gli atleti convocati dovranno avere con sé:

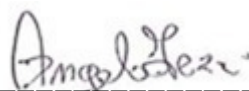
- 1) L'attrezzatura tecnica e l'abbigliamento ginnico
- 2) Il costume di gara e di esibizione

FEDERAZIONE ITALIANA SPORT ROTELLISTICI

COMUNICATO UFFICIALE
ARTISTICO

- 3) Il file con le musiche di gara in formato mp3, mp4, etc.
- 4) Il certificato medico di idoneità all'attività agonistica, non scaduto, rilasciato dalla ASL o da una struttura convenzionata con le ASL
- 5) Il documento d'identità
- 6) Una foto tessera (anche lo staff tecnico).

La gara si terrà nel pieno rispetto del protocollo di regolamentazione delle misure per il contrasto ed il contenimento della diffusione del COVID – 19 emanato da World Skate Europa



IL SEGRETARIO GENERALE
Angelo Iezzi



 **ARTISTIC SKATING**



Cup of Europe for Single, Pairs, Couples Dance & Solo Dance

**Paredes/Portugal
31/10-06.11.2021**

Timetable for training and competition

DRAFT VERSION 1 - WS Europe Artistic Skating TC
08/09/2021



General information

SUNDAY, 31.10.2021

19.00 Draw for Figure Group Minis & Espoir, and skating order, all categories:
Figure Minis & Espoir, Short Programme Espoir & Cadet & Youth, Long Programme
Minis & Espoir and Compulsory Dance All Categories.

Day of Arrival of:

- World Skate Europe Committee,
- Specialists,
- Judges,
- Data Operators/Calculators
- National Teams Single and Pairs

MONDAY, 01.11.2021

Rink

09.30 Judges - Initial meeting for Freeskating and Pairs - Specialist meeting

WEDNESDAY, 03.11.2021

10.00 Judges meeting - Round Table discussion
Day of Arrival of National Teams Couple Dance & Solo Dance

THURSDAY, 04.11.2021

Rink

09.30 Judges - Initial meeting for Dance - Specialist meeting

SATURDAY, 06.11.2021

Rink

10.00 Judges meeting - Round Table discussion
22.45 (approximately) end of Championships

!!! Changes to the programme are possible !!!



MONDAY, 01.11.2021

Training

08.00 - 09.00 Minis : Training Figure ladies & Men
09.00 - 10.00 Espoir : Training for Figure Ladies and Men
10.00 - 10.30 Minis Long Programme Ladies *
10.30 - 11.00 Minis Long Programme Ladies *
11.00 - 11.30 Minis Long Programme Men *
11.30 - 11.55 Minis Long Programme Pairs *
11.55 - 12.20 Espoir Short Programme Pairs *
12.20 - 12.45 Pair Skating : Long Programme Promotional Cadet *
12.45 - 13.10 Pair Skating : Long Programme Promotional Youth *

13.10 - 13.25 Cleaning of the Rink (15 min.)

13.25 - 13.40 Minis: Figure Training Ladies & Men (15 min. x all skaters)

13.40 *Competition Minis : Figures Ladies & Men (exp.7+1)*

NOTE: ALL Figures will be follow (no stop or Break/training): First Figure ladies followed from first figure Men, etc. etc.

14.45 - 15.00 Espoir: Figure Training Ladies & Men (15 min. x all skaters)

15.00 *Competition Espoir : Figure Ladies & Men (exp.13+2)*

NOTE: Figures will be follow: First Figure ladies followed from first figure Men, etc. etc.
Between Second and Third Figure will have the training in ONE groups of 10 min.

Follow by (near 17.00) *Competition Minis : Long Programme Men (exp.3) 0h25*

Follow by *Competition Minis : Long Programme Ladies (exp.15) 1h40*

Follow by (near 19.00) *Competition Minis : Pair skating Long Programme (exp.4) 0h30*

Follow by *Competition Espoir : Pairs Short Programme (exp.4) 0h25*

Follow by *Competition Promotional Cadet : Pairs Long Progr. (exp.3) 0h25*

Follow by *Competition Promotional Youth : Pairs Long Progr. (exp.3) 0h25*

Follow by (near 20.45) Opening Ceremony (40 min)

Follow by Awards :

- Minis Figure Ladies
- Minis Figure Men
- Minis Freeskating Ladies & Men
- Minis Pairs
- Promotional Cadet Pairs
- Promotional Youth Pairs

End of the day 22.30

* = Training with music - divided from order of skating



TUESDAY, 02.11.2021

Training

08.00 - 08.25 Espoir Short Programme Ladies *

08.25 - 08.50 Espoir Short Programme Ladies *

08.50 - 09.15 Espoir Short Programme Ladies *

09.15 - 09.40 Espoir Short Programme Men *

09.40 - 10.05 Cadet Short Programme Ladies *

10.05 - 10.30 Cadet Short Programme Ladies *

10.30 - 10.55 Cadet Short Programme Ladies *

10.55 - 11.20 Cadet Short Programme Men *

11.20 - 11.45 Cadet Short Programme Men *

11.45 - 12.10 Youth: Short Programme Ladies *

12.10 - 12.35 Youth: Short Programme Ladies *

12.35 - 13.00 Youth: Short Programme Ladies *

13.00 - 13.25 Youth: Short Programme Men *

13.25 - 13.50 Pair Skating : Long Programme Promotional Junior *

13.50 - 14.15 Pair Skating : Long Programme Promotional senior *

14.15 - 14.30 Cleaning of the Rink (15 min.)

14.30 *Competition Espoir : Short Programme Ladies (exp. 18) 0h45*

Follow by *Competition Espoir : Short Programme Men (exp. 8) 1h40*

Follow by *Competition Cadet: Short Programme Ladies (exp. 14) 1h30*

Follow by *Competition Cadet : Short Programme Men (exp. 8) 0h55*

Follow by Cleaning of the Rink (15 min.)

Follow by (near 19.25) *Competition Youth: Short Programme Ladies (exp. 14) 1h30*

Follow by *Competition Youth: Short Programme Men (exp. 8) 0h55*

Follow by *Competition Promotional Junior : Pairs Long Progr. (exp. 3) 0h30*

Follow by *Competition Promotional Senior : Pairs Long Progr. (exp. 3) 0h30*

Follow by **Awards :**

- *Promotional Junior Pairs*
- *Promotional Senior Pairs*

End of the day 23.30

* = Training with music - divided from order of skating



WEDNESDAY, 03.11.2021

Training

07.00 - 07.30 Espoir: Long Programme Ladies *
07.30 - 08.00 Espoir: Long Programme Ladies *
08.00 - 08.30 Espoir: Long Programme Ladies *
08.30 - 09.05 Espoir: Long Programme Men *
09.05 - 09.40 Cadet: Long Programme Ladies * (1 to 7)
09.40 - 10.15 Cadet: Long Programme Ladies * (8 to 14)
10.15 - 10.40 Cadet: Long Programme Men *
10.40 - 11.05 Cadet: Long Programme Men *
11.05 - 11.45 Youth: Free Programme Ladies * (1 to 7)
11.45 - 12.25 Youth: Free Programme Ladies * (8 to 14)
12.25 - 12.50 Youth : Free Programme Men *
12.50 - 13.15 Youth : Free Programme Men *

13.15 - 13.30 Cleaning of the Rink (15 min.)

13.30 *Competition Espoir : Long Programme Ladies (exp. 18) 2h00*
Follow by *Competition Espoir : Long Programme Men (exp. 8) 0h55*
Follow by *Competition Cadet : Long Programme Ladies (exp. 14) 1h45*

Follow by Cleaning of the Rink (15 min.)

Follow by *Competition Cadet : Long Programme Men (exp. 8) 1h05*
Follow by *Competition Youth : Free Programme Youth Ladies (exp. 14) 1h55*
Follow by *Competition Youth : Free Programme Youth Men (exp. 8) 1h10*

Follow by Awards :

- *Espoir Freeskating Ladies*
- *Espoir Freeskating Men*
- *Cadet Freeskating Ladies*
- *Cadet Freeskating Men*
- *Youth Freeskating Ladies*
- *Youth Freeskating Men*

End of the day 23.30

* = Training with music - divided from order of skating



THURSDAY, 04.11.2021

Training

08.00 - 08.25 Solo Dance Minis ladies: Compulsory dances *
08.25 - 08.50 Solo Dance Minis ladies + Men: Compulsory dances *
08.50 - 09.15 Solo Dance Espoir ladies: Compulsory dances *
09.15 - 09.40 Solo Dance Espoir Ladies: Compulsory dances *
09.40 - 10.05 Solo Dance Espoir Men: Compulsory dances *
10.05 - 10.30 Couple Dance Minis : Compulsory Dances *
10.30 - 10.55 Couple Dance Espoir : Compulsory Dances *
10.55 - 11.20 Solo Dance Cadet Ladies: Compulsory dances *
11.20 - 11.45 Solo Dance Cadet Ladies: Compulsory dances *
11.45 - 12.10 Solo Dance Cadet Ladies: Compulsory dances *
12.10 - 12.35 Solo Dance Cadet Men: Compulsory dances *
12.35 - 13.00 Solo Dance Cadet Men: Compulsory dances *
13.00 - 13.25 Solo Dance Youth Ladies: Comp.dances *
13.25 - 13.50 Solo Dance Youth Ladies: Comp.dances *
13.50 - 14.15 Solo Dance Youth Ladies: Comp.dances *
14.15 - 14.40 Solo Dance Youth Men: Comp.dances *
14.40 - 15.05 Solo Dance Youth Men: Comp.dances *

15.05 - 15.20 Cleaning of the Rink

15.20 *Competition Solo Dance Minis Ladies & Men: C.dances (exp.9+1) 1h30*
Follow (near 16.50) *Competition Couple Dance Espoir : Compulsory dances (exp.3) 0h30*
Follow (near 17.20) *Competition Couple Dance Minis : Compulsory dances (exp.3) 0h30*
Follow (near 17.50) *Competition Solo Dance Espoir Men : Comp. dances (exp.5) 0h40*
Follow (near 18.30) *Competition Solo Dance Cadet Men: Compulsory dances (exp.8) 1h10*
Follow (near 19.40) *Competition Solo Dance Youth Men: Compulsory dances (exp.7) 1h05*

End of the day 20.45

* = Training with music - divided from order of skating



ARTISTIC SKATING



FRIDAY, 05.11.2021

Training

08.00 - 08.20 Solo Dance Espoir Ladies: Compulsory dances*
08.20 - 08.40 Solo Dance Espoir Ladies: Compulsory dances*
08.40 - 09.00 Solo Dance Cadet Ladies: Compulsory dances*
09.00 - 09.20 Solo Dance Cadet Ladies: Compulsory dances*
09.20 - 09.40 Solo Dance Cadet Ladies: Compulsory dances*
09.40 - 10.00 Solo Dance Youth Ladies: Comp.dances*
10.00 - 10.20 Solo Dance Youth Ladies: Comp.dances*
10.20 - 10.40 Solo Dance Youth Ladies: Comp.dances*
10.40 - 11.05 Solo Dance Minis Ladies : Free Dance*
11.05 - 11.30 Solo Dance Minis Ladies & Men : Free Dance*
11.30 - 11.55 Solo Dance Espoirs Men : Free Dance*
11.55 - 12.15 Couple Dance Minis : Free Dance*
12.15 - 12.35 Couple Dance Espoir : Free Dance*
12.35 - 13.00 Solo Dance Cadet Men : Free Dance*
13.00 - 13.25 Solo Dance Cadet Men : Free Dance*
13.25 - 13.50 Solo Dance Youth Men : Free Dance*
13.50 - 14.15 Solo Dance Youth Men : Free Dance*

Follow by Cleaning of the Rink (15 min.)

14.30 *Competition Solo Dance Espoir Ladies : Comp. dances (exp.13) 1h50*

Follow (near 16.20) *Competition Solo Dance Cadet Ladies: Comp. dances (exp.16) 2h25*

Follow (near 18.45) *Competition Solo Dance Youth Ladies: Comp. dances (exp.15) 2h15*

Follow by Cleaning of the Rink (15 min.)

Follow by (near 21.15) *Competition Couple Dance Minis : Free Dance (exp.3) 0h25*

Follow by (near 21.40) *Competition Couple Dance Espoir : Free Dance (exp.3) 0h25*

Follow by (near 22.05) *Competition Solo Dance Minis Ladies & Men : Free D. (exp.9+1) 0h55*

Follow by Awards :

- *Couple Dance Minis*
- *Couple Dance Espoir*
- *Solo Dance Minis Ladies*
- *Solo Dance Minis Men*
- *Solo Dance Espoir Men*
- *Solo Dance Cadet Men*
- *Solo Dance Youth Men*

End of the day 23.40

* = Training with music - divided from order of skating



SATURDAY, 06.11.2021

Training

08.00 - 08.25 Solo Dance Espoirs Ladies : Free Dance *
08.25 - 08.50 Solo Dance Espoirs Ladies : Free Dance *
08.50 - 09.15 Solo Dance Espoirs Men : Free Dance *
09.15 - 09.40 Solo Dance Cadet Ladies : Free Dance *
09.40 - 10.05 Solo Dance Cadet Ladies : Free Dance *
10.05 - 10.30 Solo Dance Cadet Ladies : Free Dance *
10.30 - 10.55 Solo Dance Cadet Men : Free Dance *
10.55 - 11.20 Solo Dance Cadet Men : Free Dance *
11.20 - 11.45 Solo Dance Youth Ladies : Free Dance *
11.45 - 12.10 Solo Dance Youth Ladies : Free Dance *
12.10 - 12.35 Solo Dance Youth Ladies : Free Dance *
12.35 - 13.00 Solo Dance Youth Men : Free Dance *
13.00 - 13.25 Solo Dance Youth Men : Free Dance *

13.25 - 13.40 Cleaning of the Rink

13.40 *Competition Solo Dance Espoirs Ladies : Free Dance (exp.13) 1h30*
Follow by (near 15.10) Competition Solo Dance Espoirs Men : Free Dance (exp.5) 0h35
Follow by (near 15.45) Competition Solo Dance Cadet Ladies: Free Dance (exp.16) 1h45

Cleaning of the Rink (15 min)

Follow by (near 17.45) Competition Solo Dance Cadet Men: Free Dance (exp.8) 1h00
Follow by (near 18.45) Competition Solo Dance Youth Ladies : Free Dance (exp.15) 1h40
Follow by (near 20.25) Competition Solo Dance Youth Men : Free Dance (exp.7) 0h55

Follow by **Closing ceremony with Award:**

- Solo Dance Espoir Ladies
- Solo Dance Cadet Ladies
- Solo Dance Youth Ladies

End of the day 22.45

* = Training with music / divided from order of skating

!!! Changes to the programme are possible !!!